

BRAVEHEART FOUNDATION

# NEWSLETTER

EARLY 2026 NEWSLETTER

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## Where Wildflowers Bloom

Ma Do Lar Shae, a young Lahu woman from Pintauk village—located about 13 miles from Keng Tung—is a person driven by a strong work ethic. Although financial difficulties within her family limited her education to the tenth grade, her life took a transformative turn when she attended a vocational flower-arrangement course. This training was provided by the Braveheart Foundation in Keng Tung.

Today, Ma Do Lar Shae has successfully opened her own floral shop in her village and has already crafted over 20 beautiful, unique floral arrangements. She is deeply grateful to the Braveheart Foundation for providing the free training, as it has enabled her not only to earn her own income but also to create job opportunities for other local youths.

## Dignity and Rights

People with disabilities are not a class of people seeking special privileges; they simply require the same fundamental rights available to everyone else.

In collaboration with the Department of Social Welfare, Braveheart has assisted children from the Aye Metta School for the Disabled in obtaining essential documentation. To date, they have successfully helped 20 children receive National Registration Cards (NRC) and 17 children receive Smart Cards (UID). This initiative marks a crucial step toward ensuring these children can access future healthcare services and pursue higher education.



**"BEING ABLE TO CRAFT A BEAUTIFUL BOUQUET WITH MY OWN HANDS FOR MY GRANDPARENTS' 50TH GOLDEN WEDDING ANNIVERSARY WAS THE HAPPIEST AND MOST FULFILLING MOMENT OF MY LIFE."**

**"Braveheart Foundation strictly implements a zero-tolerance policy against any form of sexual exploitation and abuse (PSEA)."**

Visit Our Website

[braveheartfoundation.net](http://braveheartfoundation.net)

# VOICES FROM THE GROUND REACHING SOUTHEAST ASIA

Two real-life case studies supported by the Braveheart Foundation were selected for publication on the Grassroots Justice Network-Southeast Asia (GJN-SEA) and Alternative Law Groups (ALG) platforms. This achievement signifies a successful effort to amplify the silent struggles of the people and their calls for justice, bringing grassroots voices to a regional level.

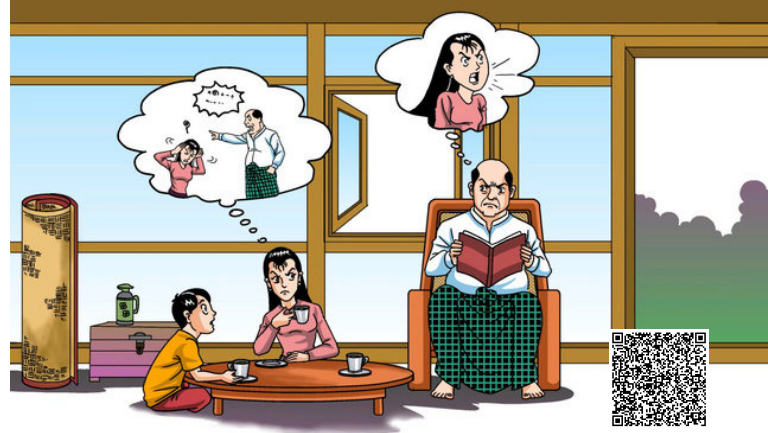


## Breaking the Silence

This chronicle documents the invisible traumas and silent struggles of those displaced by natural disasters. It explores how they were provided with warmth and support—not only through humanitarian aid but also through dedicated PSEA (Protection from Sexual Exploitation and Abuse) safeguarding processes. (Scan to read the full story)

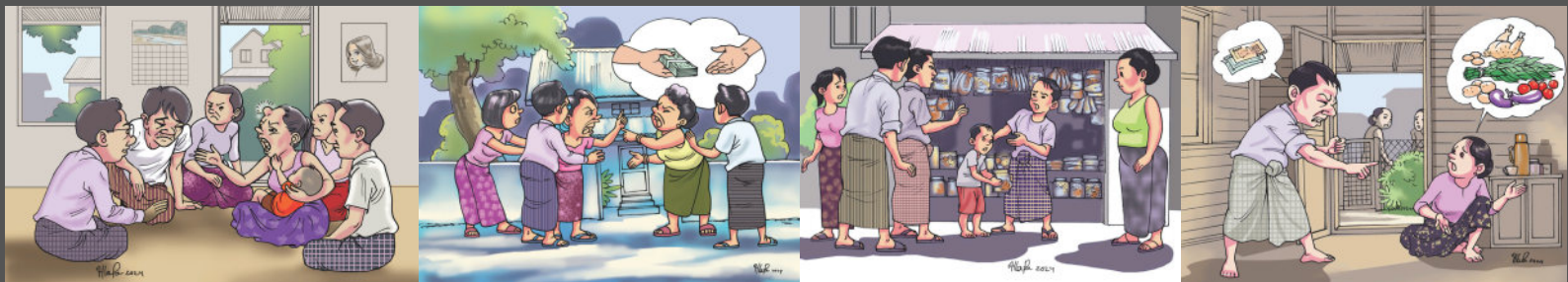
## Toward Family Reconciliation Through CBDR

How was the long-standing estrangement between Ma Win, a street vendor from Hlaing Tharyar, and her father finally resolved? Using the "Community-Based Dispute Resolution (CBDR)" approach, this inspiring story shows how a bridge of peace was built for family reconciliation, rooted in culture and love. (Scan to read the full story)



## PROMOTING SOCIAL JUSTICE AND LEGAL EMPOWERMENT THROUGH M-LEN

The Myanmar Legal Empowerment Network (M-LEN), supported by Braveheart Foundation, stands as a strong network aimed at promoting Access to Justice throughout Myanmar. Today, it has grown widely to include over 340 network members, including legal aid providers (Paralegals), civil society organizations (CSOs), and community leaders from various regions.



### LEGAL SERVICES ON THE GROUND

Paralegals from M-LEN are providing (free) assistance in legal awareness, community-based dispute resolution (CBDR), and PSEA protection activities for vulnerable populations.

### KNOWLEDGE DISSEMINATION THROUGH DIGITAL NETWORKS

Through the M-LEN Facebook page, knowledge on legal affairs, PSEA, and Complaint and Feedback Mechanisms (CFM) is being distributed to over 2,600 followers, showing a significant increase in public trust. Let's build secure and just communities together.



### PROMOTING ETHNIC HERITAGE AND COMMUNITY UNITY

Braveheart Foundation consistently prioritizes the preservation and sustainability of the diverse cultural heritage and unique identities of Myanmar's various ethnic groups.

At the Union National Races Village in Yangon, the foundation organized an interactive program titled "Solve the Quiz, Connect through Gifts." Through challenges based on ethnic traditions and customs, the initiative successfully increased curiosity and interest in ethnic cultures among youth by 75%. This event serves as a practical manifestation of fostering mutual respect and social cohesion among the different ethnic nationalities.

### DIRECT HUMANITARIAN SUPPORT FOR IDPS IN HPA-AN

We personally visited and delivered essential hygiene kits to Internally Displaced Persons (IDPs) in Hpa-An Township. Beyond providing physical supplies, we conducted extensive awareness sessions on Protection from Sexual Exploitation and Abuse (PSEA) to ensure a safer environment for women and children. Through these efforts, we aim not only to provide aid but to uphold the dignity of those in need.

You can contribute to building safer, more resilient, and united communities by participating in our training programs, humanitarian aid efforts, and awareness campaigns. Connect with us through the following channels:

- 📍 Head Office: 1150, Thida Road, Ward 2, North Okkalapa, Yangon, Myanmar.
- ☎ Hotline & Email: 09 25225 4064 | ask.braveheart@gmail.com.
- 🌐 Website: braveheartfoundation.net | YouTube: Braveheart Foundation.
- 📘 Facebook: Braveheart Foundation / Myanmar Legal Empowerment Network (M-LEN)



To provide urgent Humanitarian Assistance for disaster-affected populations, You can contribute any amount, large or small, through the following channels:

### AYA Bank: 10004794724 (Braveheart Foundation)

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